CREATIVE PHOTOGRAPHY EXPERIENCE

LAKE DISTRICT PHOTOGRAPHY WORKSHOP TRIP NOTES

See some of the most spectacular scenery in the UK as well as developing photographic knowledge that will last you a lifetime! We visit the Lake District in spring and autumn, great light – and always stunning scenery! This trip includes lakes, mountains, waterfalls, villages and historic locations. There is a significant amount of walking on this trip so you will need mountain walking experience and a good level of fitness to do this.

AN INTRODUCTION

The trip covers the central mountains area of the Lake District and based from Keswick. We spend time on each day on location, exploring the full range of photographic opportunities the area has to offer. Depending on which trip you choose, the days involve a mix of upland landscape photography involving mountain hiking, and some accessible locations photographing the beautiful lakes and other lowland landscapes; but still with that familiar lakeland mountain backdrop!

The trips have the usual mix of theory, work on location and creating the perfect final image through post processing. You'll learn technical excellence and inspirational creativity in composition. Whether you're looking to develop your photography further or have a vast amount of experience but like the challenge of a mountain landscape, this trip is perfect for you! You're guaranteed to return home with some wonderful images and great memories.

Please note that beyond the basic sequence shown above, the itinerary listed here is a guide only and subject to some variation depending on the weather and group preferences. Timing of 'indoor based' theory and post processing sessions may be adjusted around weather and light conditions, always ensuring that when the light is at its best, you'll be there to capture it! With the mountain landscape trip, if the weather turns against us the emphasis will move

towards lowland landscapes and the lakes. But however each day is planned, you're guaranteed a great variety of experiences and photographic opportunities!

Locations are selected to allow for some variation in levels of fitness of the group. On the General Landscape and Travel Photography trip we will only include mountain top photography if the physical capability of the group permits. For the Mountain Landscape Photography Trip this level of fitness is assumed and we will only make decisions on the basis of weather conditions.

The view from Cat Bells

Here's quick overview:

Photography Experience	Date (s) available	Key features	Fitness / Physical capability	Duration	Options / Other information	Accommodation?	Cost
Some previous experience preferable but not essential as we can cover a fair amount, particularly if you are booking the whole 4 days	As advertised. Trips run Thursday to Sunday except when a Bank Holiday Monday is included	Mountain and upland Landscapes Lakes & Waterfalls Towns & Villages The night sky	Some walks involve high level walking up to 700m so you will need to have some hillwalking experience and be physically capable of doing this Other locations (for example lakeside and villages) involve shorter walks of up to a half hour	2-4 Days	Dawn Start available on Day 3 for sunrise over Derwent Water.	No	**£295 - £545 per person with discount for 2**

WHAT YOU'LL LEARN

Whatever your existing level of knowledge and experience, the workshop offers expert tuition in both the technical and creative aspects of photography and enable you to create images you've always wanted. They offer learning in the latest techniques in digital photography, using photoshop at the end of the course to process best images.

Finally, although our courses are outdoor or 'landscape' based, any course participant needing advice on any other aspect or subject in photography need only ask and Nigel will help and if possible allow time for you to practise your preference or issue during the course.

Key skills which our courses cover include for example:

Technical skills:

- The camera settings and uses of lenses
- Taking control of your image through use of manual settings
- Use of filters and accessories and how they can enhance your photography

Creative understanding

- Guidelines to effective composition – from the basics to advanced.
- How to create dramatic landscapes
- Light and colour theory
- Photographing moving water and other creative uses of long exposure photography.

Digital camera and processing techniques:

- Photomerges – creating those great panorama's
- HDR – see how you can create that glowing castle in front of a setting sun.
- Cropping, adding contrast or colour / converting images to black & white
- Removing unwanted objects!

Loughrigg Tarn

OUR ITINERARIES

Introductory Session via Zoom before the workshop. Evening processing / review sessions will depend on Covid situation.

The following is a rough outline of locations a more detailed itinerary along with timings will be forwarded closer to the date. I'd anticipate a minimum of 2 dawn starts and a night shoot to be included within the April itinerary, although this is weather dependent. The days are also interchangeable as we will ensure that upland days make the most of weather conditions

- **DAY 1 (Thursday): Keswick and Borrowdale**: A day around Keswick and Derwent Water and Grasmere / Rydal Water with lowland landscapes and views of the lakes and locations such as Ashness bridge. We also explore the upper end of Borrowdale. This is generally an easy day with short walks and driving between locations.
- **DAY 2 Buttermere and Hay Stacks / Borrowdale to Great Gable**: This is an upland day involving a choice of 2 upland walks (one easier than the other and depending on the preferences / capabilities of the group)- walking a circuit in the Buttermere Fells. If we're lucky we'll catch sunset over Buttermere. Although there's a lot of walking, it's at a relaxed pace.
- **DAY 3 Wasdale and Scafell Pike**: We travel to the remote and beautiful Wastwater at the western side of the Lake District and take in mountain views from Great Gable and Scafell Pike. It's a bit of a drive round from the other side of the mountains. We'll be down to catch sunset over Wastwater!
- **DAY 4 Crag Hill and Causey Pike** / **Cat Bells:** A day of short(ish!) climbs with amazing but accessible ridge walks with great views and loads of photo opportunities! Both locations are easily accessible from Keswick.

The stunning view from Great Gable

IMPORTANT INFORMATION

The Tour includes:

- All expert tuition by Nigel Forster
- Transfers from Train / Bus Stations Keswick / other centre in the area
- Transport between all locations up to 4 people in my vehicle. If you are driving to the Lake District in your own car, feel free to use it to travel between destinations as listed.
- All course notes in digital form
- All use of photographic equipment where required

The Tour excludes:

- Accommodation / meals
- Air / Rail / Bus fares to the Lake District
- Travel Insurance

Additional notes:

- There is time for additional activities. If you would like to walk up Scafell Pike we will accommodate you!
- This tour is outdoor oriented and we will spend a lot of time at outdoor locations. However we intersperse this with indoor tutorial / post processing sessions.
- Itineraries may vary according to weather conditions
- Bring outdoor, weather resistant clothing and walking boots. Be prepared for all weather conditions the Lake District has to offer!
- **A full list of equipment required for the trip as below but please contact me if you need to discuss this in advance.**

The view from Cat Bells

EQUIPMENT / CLOTHING

Photographic Equipment

Essential requirements:
Please bring your camera and any equipment you have (along with your camera manual if possible).

- Camera (with spare body) and Lenses (this might seem obvious but I frequently have customers who leave some lenses at home thinking they won't need them!)
- Memory Card (s). You should bring at least 64GB of cards with room for 2000 minimum images shot in RAW
- Camera manual
- Card reader
- Full battery + at least 2 spares and **your battery charger (do not forget this!).**
- Tripod

Optional items (but please bring them if you have them)

- Remote release
- Filters: e.g. Polarising / Neutral Density / Graduated Neutral Density
- Flash
- Any other accessories
- ***Laptop if you have it, loaded with your preferred imaging software (perhaps should be on essentials list above)***

(I can assist with some of these if required. I would also be happy to offer advice on purchasing any equipment you may be looking for).

Other Clothing / Equipment

Clothing / Footwear / Protection

- Waterproof Jacket and Trousers. These should be Goretex or equivalent material.
- Windproof jacket for dry but windy conditions
- DriFlo / Wicking layers are best for humid or wet conditions
- Fleece top & Jacket
- Walking Boots / socks and at least one other pair of footwear.
- A change of footwear other than your walking boots.
- Head protection: One or both of fleece or waterproof hat which protects ears
- Gloves. Waterproof and / or 'Windblock' Fleece pair. Fingerless mitts are also useful for accessing dials. Bring at least 2 pairs of gloves.
- Head torch with rechargeable batteries for dawn and night sessions
- Golf umbrella made from carbon fibre. Wind resistant ones are best

Other items for location use:

- Mobile Phone (however reception cannot be relied upon).
- Maps of area (please see OS map list above)
- Flask for hot drinks
- Walking poles if you prefer

An autumn evening at Wastwater

CONTACT:

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CREATIVE PHOTOGRAPHY WALES

FOR THE CONSISTENT ACHIEVEMENT OF HIGH RATINGS FROM TRAVELLERS

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